

# 2025 SLU Caregiver Conference



Conference Theme  
"Addressing Complex Loss: Fostering Family Resilience"

Keynote Speaker: Froma Walsh, Ph.D.

## Overview

Caregivers are experiencing increased roles and responsibilities in taking care of loved one with medical, mental health, and memory issues. While the grieving process is difficult for losing a loved one, it also becomes more complicated when loved ones and professionals address memory and neurological issues where patients are not "psychologically present." This creates challenges in caregivers continuing to be resilient in their strategies and overall self-care. This conference will introduce new types of "loss" that caregivers experience and a skill set to have resilience over time. An internationally recognized speaker, Froma Walsh, will be the keynote presenter at this conference.

## Conference Agenda

Time (central)	March 28th from 9:00am-3:00 pm central (on Zoom)
9:00am	Max Zubatsky, Ph.D., LMFT- An Overview of the conference
9:15am-11:45am	Froma Walsh, Ph.D.- Keynote Speaker
11:45 am-1:00pm	Lunch and Break
1:00pm-3:00pm	Max Zubatsky, Ph.D.- Two Live Family Interviews and Group Discussion

## Fees

All Non-SLU Attendees: \$100

All SLU/SSM Faculty/Students/Providers: \$50

Family Center for Healthy Aging Faculty/Students: Free (code needed)

## CMEs

\*Attendees can get 4.5 CMEs for the conference\*

(The Saint Louis University School of Medicine designates this live activity for a maximum of 4.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity)

**Click on the link to register:** <https://slu.cloud-cme.com/course/courseoverview?P=0&EID=16254>



**Froma Walsh, PhD** is Firestone Professor Emerita, in the Crown School and the Department of Psychiatry at the University of Chicago, and she is Co-Founder/Co-Director, Chicago Center for Family Health. Dr. Walsh is the leading clinical scholar on family resilience; her research-informed Family Resilience Framework is applied worldwide. With over 3 decades of expertise with traumatic loss and complicated bereavement, her resilience-oriented, systemic practice approach integrates developmental, relational, and socio-cultural-spiritual perspectives. With over 120 scholarly publications, her recent books are: *Strengthening Family Resilience* (3rd ed., 2016); and *Complex and Traumatic Loss: Fostering Healing and Resilience* (2023).